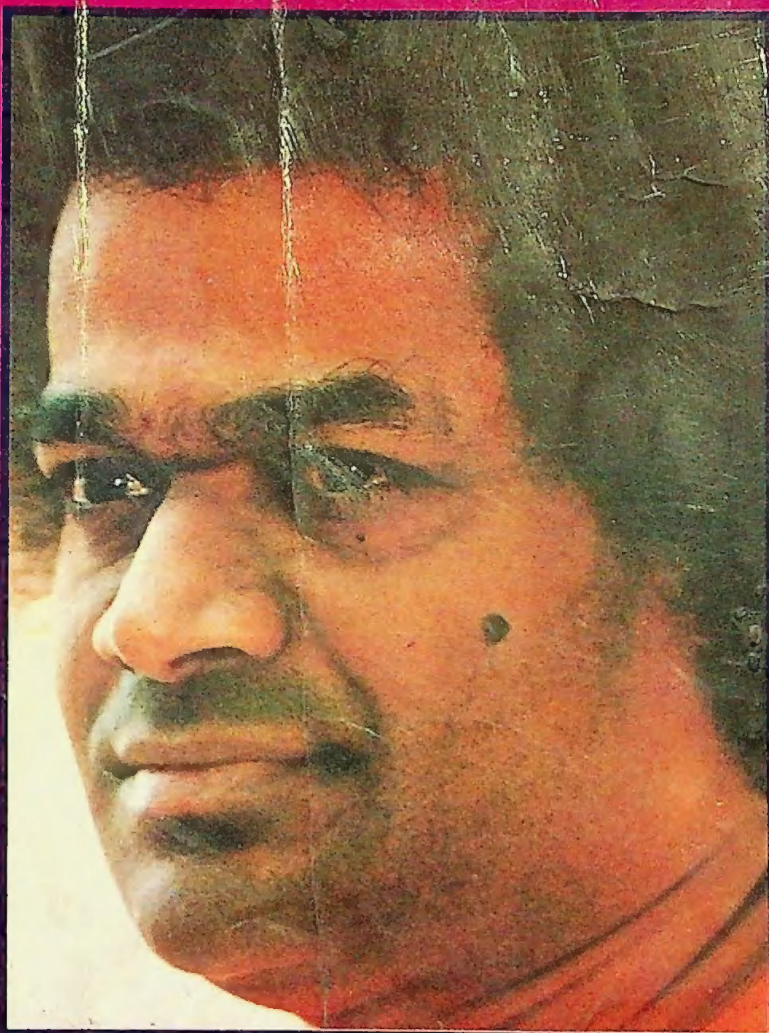


# Tablets of Truth

Sayings of Sai Baba



in calligraphical script by  
Andrew Shaw





# Tablets of Truth



This offering is placed at  
the Lotus Feet of  
Bhagavan Sri Sathya Sai Baba  
with love

Readers are encouraged to make  
any comments on this book, by  
writing to:-

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# Tablets of Truth

A Compilation  
of Sayings by

Bhagavan  
Sri Sathya Sai Baba

in calligraphical  
script by

Andrew Shaw



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Tablets of Truth  
A Compilation of Sayings by  
Bhagavan Sri Sathya Sai Baba

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This book is  
dedicated  
to  
Carri



Each and every letter  
of this  
calligraphical  
presentation  
is crafted with love,  
and I invite you  
to share with me  
in meditation thereon.

ॐ Sai Ram.

Andrew Shan  
26

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Introduction :~  
... Why  
this Avatar now?

## CRISIS

World-wide.

"...In each yuga (age), the Divine has-incorporated Itself as an Avatar for some particular task. This incarnation is — different in that it has to deal with the crisis which is world-wide and world-shaking. Intellectual conceit has grown so wild that men have become foolish — enough to ask, "What and where is God?"

Immorality has put on the garb of morality and is enticing man into the morass of sin. Truth is condemned as a trap; justice is — jeered at; saints are harassed as social-enemies. Hence this Incarnation has come to uphold the True and suppress the False.

I behave like you, moving, singing, laughing, journeying, but watch out for the blow — I inflict all of a sudden, to chastise — and to warn. I shall scorch the wrong-doer for his wrong and soothe the — virtuous for his righteousness. Justice — shall be meted out to all ...

The Tasks  
that  
Sathya Sai Avatar  
has imposed  
on Himself.



## I.

In order to turn men  
away from the  
byways of immorality  
and injustice, greed  
and envy, and on to  
the royal road of  
Sadhana, through  
loving gentleness.

## II.

In order to  
interpret aright  
the spiritual  
heritage of man,  
that has been  
distorted and  
diluted during the  
intervening ages.

### III.

In order to  
demonstrate the  
validity of Truth,  
Righteousness, Peace  
and Love as  
instruments for  
individual and  
Social Progress.



#### IV.

In order to  
infuse confidence  
and contentment  
in the hearts  
of the good  
who are stricken  
by fear and anxiety.

I,  
the Lord,  
have incarnated  
at Puttaparthi.

## Chapter One :

... around  
the Mandir,  
Prasanthi Nilayam



My name is  
Sathya Sai  
it means  
He who reclines  
on Truth



Love is My Form,  
Truth is My Breath,  
Bliss is My Food;  
My Life is My Message.  
Expansion is My Life...





There is only  
one Caste,  
The Caste  
of Humanity.  
There is only  
one Religion,  
The Religion  
of Love.  
There is only  
one Language,  
The Language  
of the Heart.  
There is only  
one God,  
He is Omnipresent.



Start the Day  
with Love,  
Fill the Day  
with Love,  
Spend the Day  
with Love,  
End the Day  
with Love.



Though I am  
Omnipresent  
and found everywhere,  
you can find Me  
installed wherever  
My Glory is sung.



I give you  
what you want  
so that  
you may want  
what I want  
to give you.



A Sadhaka  
must  
blossom  
into a  
Sadhu





Namasmarana  
is an  
instrument  
to realise  
the Lord



Do not cage God  
in a picture-frame,  
do not-confine Him  
in an idol,  
He is all forms,  
He is all names.



Do not try  
to master others,  
Master  
your own self,  
your own senses,  
your own mind.



Service  
to Man  
is  
Service  
to God



Discipline  
is the  
Weapon  
of  
growing children





If animal feelings  
are washed out,  
divine feelings -  
begin to  
overflow  
instead.



As the food ...  
... so the mind,  
As the mind ...  
... so the thought,  
As the thought ...  
... so the act.



Control of Speech  
is the  
Best  
Ornament  
and  
Armament



Take one step  
towards Me,  
I shall take  
a hundred  
towards you.



All are  
embodiments  
of  
divine.





Have  
Constructive Thoughts  
Consoling Words  
Compassionate Acts



I-Want-Peace  
"I" is Ego,  
"Want" is Desire;  
Remove Ego  
and Desire  
and  
you have Peace.



Love  
is  
selflessness  
Self  
is  
lovelessness



In this Avatar  
the wicked  
will not be  
destroyed,  
they will be  
corrected.



## Ceiling on Desires :-

Don't waste

... Food

... Money

... Time

... Energy





Living with God  
is true Education,  
Living for God  
is true Devotion,  
Living in God  
is true Spirituality .





*Desire*  
*comes from*  
*Attachment,*  
*Deliverance*  
*comes from*  
*Detachment.*



I have come  
not to disturb  
or destroy any faith,  
but to confirm  
each in his own faith,  
so that  
the Christian becomes  
a better Christian,  
the Muslim  
a better Muslim,  
and the Hindu  
a better Hindu.



Politics  
without Principles,  
Education  
without Character,  
Science  
without Humanity,  
and Commerce  
without Morality  
are not only useless,  
but positively  
dangerous.



Be wherever  
you like,  
Do whatever  
you choose,  
Remember this well—  
What you do  
is known to me,  
I am the  
Inner Ruler of all.





Be convinced  
that God can  
and will appear  
in any form.  
Do not refuse  
to recognise  
Divinity in the form  
you dislike and  
did not expect.





The End ...  
of wisdom is ...  
Freedom,  
of culture is ...  
Perfection,  
of knowledge is ...  
Love,  
of education is ...  
Character.



I am Infinite,  
Immeasurable,  
Unique  
and Incomparable,  
equal to Myself alone ;  
I am My own -  
Measure,  
Witness ,  
Authority .



Sacrifice  
is the  
Best Gift.



# Silence is Brahmam



Be Good  
Do Good  
See Good





*Love all  
Serve all*



Serve  
without  
trace  
of ego



Heroism  
lies in  
Conquest  
of Senses.



Hands  
in the  
Society  
Head  
in the  
Forest





Day of  
Awareness  
is  
the  
real  
Birthday





Love  
is God  
Live  
in Love



I have come  
to sow  
the seeds  
of faith  
in God



God  
has to come  
in human form  
and move about among  
them, so that He can be  
listened to,  
contacted,  
loved,  
revered,  
and obeyed.



Truth is ...

your Father

Love is ...

your Mother

Wisdom is ...

your Son

Peace is ...

your Daughter

Yogis are ...

your Friends





Be what you  
profess to be,  
Speak what you  
intend to do,  
Utter what you  
have experienced,  
No more  
No less.





Why fear  
when I am here.  
Have faith  
that Sai  
is with you  
at all times  
and  
at all places.



You cannot destroy  
anger by anger,  
cruelty by cruelty,  
hatred by hatred:  
Anger can be subdued  
only by Forbearance;  
Cruelty can be overcome  
only by Non-violence;  
hatred yields only  
to Charity and Compassion.  
There is nothing  
more effective than  
the weapon of love.

## Chapter Two:~

... in the  
Hospital  
grounds



God  
is the Doctor,  
Seek Him,  
Rely on Him,  
You will  
be free  
from desires.



Educated Man  
must realise  
that he has  
more obligations  
than privileges,  
more duties  
than rights.





Duty~  
without Love~  
deplorable,  
Duty~  
with Love~  
desirable,  
Love~  
without Duty~  
divine.



A-B-C  
of Life  
is  
Always  
Be  
Careful  
~  
Avoid  
Bad  
Company



Real Devotion  
should always be  
absolute  
and  
unconditional



Be content.  
Nothing  
can happen  
against  
His will.



Expansion  
is  
Life:  
Contraction  
is  
Death.





Life  
is  
a traveller  
on a  
Holy  
journey



Man is born  
to share  
and serve,  
not to grab  
and grieve.



Learn  
to adapt,  
adjust  
and  
accommodate.



Avoid pomp,  
exhibition,  
and boasting.  
Be simple,  
sincere  
and sweet.



You must come  
to  
Prasanthi Nilayam  
as cars come  
to a  
workshop.





God  
belongs  
to All  
He is  
Universal



Give  
Love  
and  
Receive  
Love



It is not enough  
that you  
love me.

You must see  
that  
I love you.



Love lives  
by giving  
and forgiving;  
Self lives  
by getting  
and forgetting.



It is  
Unity  
that matters  
and  
not  
Community





Balance comes  
from  
skilful use  
of  
divine  
knowledge



When you  
sow the seeds  
of Good Deeds  
you reap the  
Harvest  
of  
Happiness



Life  
is a  
Pilgrimage to God,  
the Holy spot  
is there,  
the road lies  
before you.



The lesser  
the number  
of wants,  
the greater  
the freedom.



Awake, arise  
and stop not  
'til  
the goal  
is reached





Know  
yourself  
first,  
All  
else  
next.



The Mind  
is Key  
to  
Health  
and  
Happiness



Contentment  
is  
Heaven,  
Grief  
is  
Hell.



Love  
leads to  
Expansion.  
Hatred  
leads to  
contraction.



God is  
neither  
distant  
nor  
distinct  
from you





There is  
God  
everywhere  
and there is  
no second entity  
anywhere



All life  
is One,  
My Dear Son,  
Be alike  
to Everyone.



Act  
and then  
Advise,  
Practise first,  
Precept next.

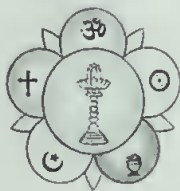


The mind  
sees  
separateness,  
Love  
sees  
Unity.



The mind  
of a person  
not engaged  
in seva  
is a  
devil's workshop





Be Right  
Do Right  
That is  
your  
only  
Right



Serve Man  
until  
you see  
God  
in  
all men



Removal  
of  
Immorality  
is  
the only way  
to  
Immortality.



Do not  
forget God,  
do not  
believe  
in the world,  
do not  
fear death.





There is  
no prayer  
more fruitful  
than service.





Perfect Freedom  
is  
absolute  
desirelessness



The Acts  
of Sai  
are always  
selfless,  
sacred  
and  
beneficial.



Remember  
that Service  
is greater than  
Meditation,  
and Sacrifice  
is sweeter than  
Enjoyment.



Truth  
is more  
fundamental  
than  
an atom



Every activity  
in the world  
is  
God-directed,  
Godward moving.

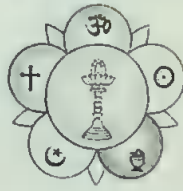




Face the six foes:  
those are  
lust, anger,  
attachment,  
pride, hatred  
and greed.



Science  
is  
below the mind,  
Spirituality  
is  
beyond the mind.



Elation  
is  
Heaven  
Despondency  
is  
Hell



Ego  
wants to get  
and forget,  
Love  
wants to give  
and forgive.



Life is  
a journey  
from  
"I"  
to  
"We"





Hands  
that help  
are  
holier  
than lips  
that pray



Desire  
Leads  
to  
Despair



An  
evil eye  
sees  
evil  
in others



Fire is  
hidden  
in wood  
and  
God  
in Man





Realise the  
Brother-hood  
of Man  
and the  
Father-hood  
of God  
by your  
selfless service





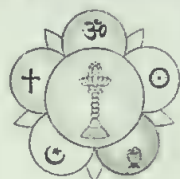
Pleasure  
is an  
interval  
between  
two pains



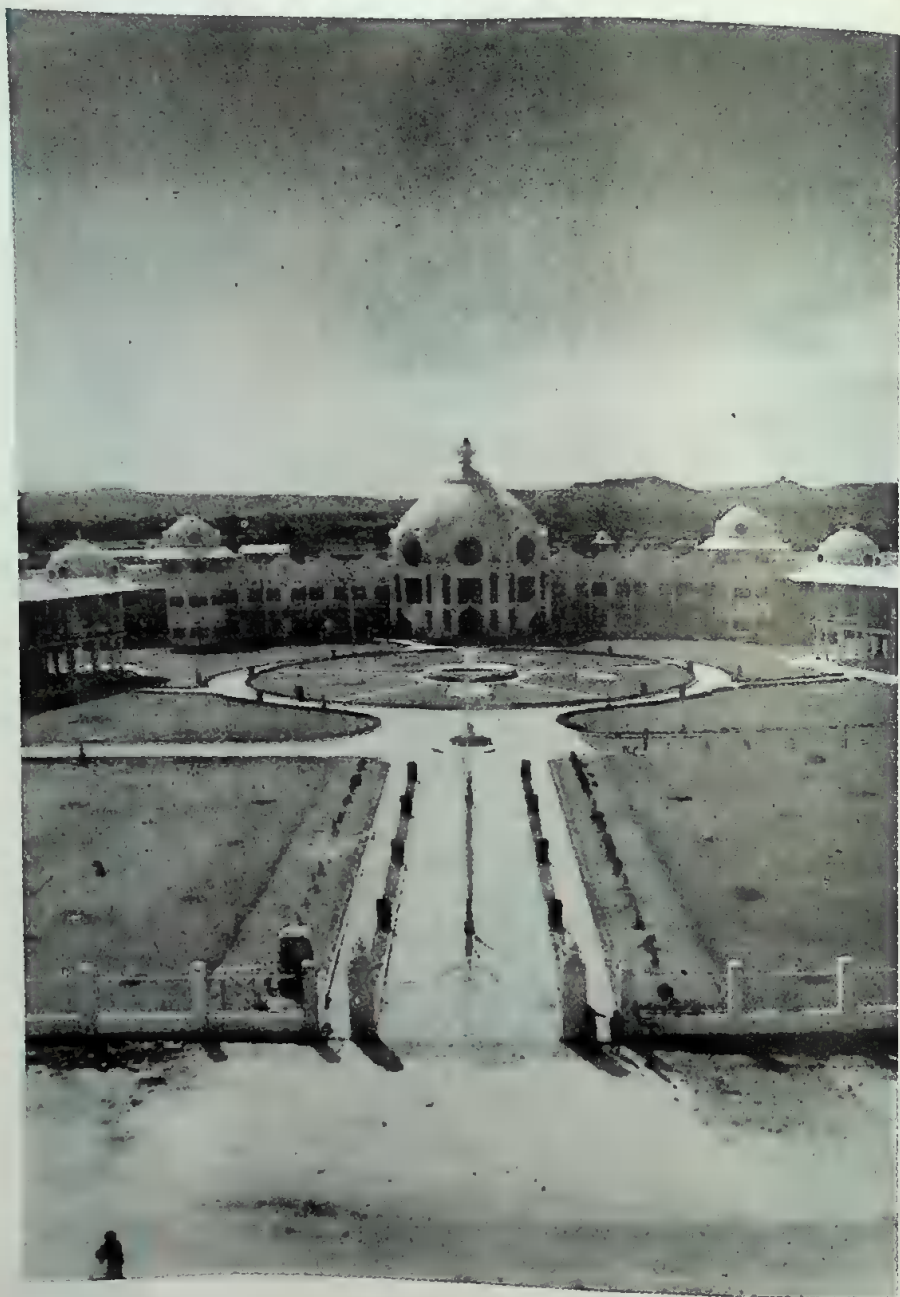
Every cell  
in the  
human body  
is God;  
every one  
has God  
as the source.



We do not get  
what we desire,  
we get  
what we deserve.



Health  
is  
Wealth  
Look after it





## Chapter Three:-

... on the road  
through  
Puttaparthi



What one meets  
in life  
is Destiny,  
How one meets it  
is Self-Effort.



Have faith  
in the  
Brotherhood of Man  
and the  
Fatherhood of God



Character  
is the  
precious Gift  
of  
Education



Every Religion  
is a Lamp  
that illumines  
the Path  
of Truth





Haste  
makes  
Waste,  
Waste  
makes  
Worry,  
Do not be  
in a Hurry.



Man's Heart  
is the  
Temple Divine:  
Don't inflame it  
with ideas  
of mine  
and thine.



Love  
is His  
Form,  
Service  
is His  
Mission.



Love is God  
God is Love  
Therefore  
Live in Love  
By loving all  
Serving all





Time Waste  
is  
Life Waste



## Chapter Four:-

... on the road  
to the  
Museum



Your True Nature  
is  
Eternal Truth  
Divine Consciousness  
and  
Everlasting Bliss



It is only  
in the  
Depth of Silence  
that  
the Voice of God  
can be heard



Avoid  
all bad habits,  
they do not  
contribute  
the least joy.



The heart  
with compassion  
is  
the temple  
of God





If all  
animal feelings  
are  
washed out  
divine feelings  
overflow



Even death  
is sweeter  
than  
the bondage  
of  
ignorance



You are  
in the Light  
The Light  
is in you  
You are  
the Light



Love all  
Serve all  
Work  
is Worship  
Duty  
is God





Love  
not lust  
is the  
essence  
of a  
happy life





Life is  
the best  
teacher  
Nature is  
the best  
preacher



Truth  
is the  
all-protecting  
God.

There is  
no mightier  
Guardian  
than Truth.



Faith  
in ourselves  
and faith  
in God-  
that is  
the secret  
of greatness,  
for  
God is Love.



The Pure Heart  
is the  
inner purpose  
of all Sadhana



Beauty  
Goodness  
Sathyam  
Sivam  
Sundaram  
is yourself  
be yourself





## Chapter Five:-

... inside  
the  
Museum



Every step in the  
career of the Avatar  
is pre-determined.  
Rama came to feed  
the roots of Sathya  
or Truth, and Dharma  
or Righteousness.  
Krishna came to  
foster Shanti ~ Peace,  
and Prema ~ Love.  
Now, all these four  
are in danger of  
being dried up.  
That is why the  
present Avatar  
has come.



The entire Cosmos,  
from minutest  
microcosm to the  
largest macrocosm  
is a conglomeration  
of ever active, alert,  
waves of energy,  
derived from the  
Primeval Source  
of all Energy, namely:  
the para-Shakti,  
the Supreme,  
Sovereign  
Energy Principle,  
which is God, the  
Truth of everything.



My mission is to  
grant you courage  
and joy, to drive away  
weakness and fear.

Do not condemn  
yourselves as sinners.  
Sin is misnomer for  
what are really errors.

I shall pardon all  
your errors, provided  
you repent sincerely  
and resolve not to  
follow evil again.





I am the Atma  
that dwells in  
all living beings,  
I am the beginning,  
the middle and the  
end of all things.  
All that you see  
in the cosmos-  
the moving and  
stationary objects-  
is a manifestation  
of the Atma.



The totality of  
divine energy has  
come into humanity  
as Sathya Sai  
to go to each and  
anyone, to wake up  
the slumbering  
divinity of every  
human being.

Even if in your  
sleepiness, or in your  
weakness for sleep,  
you growl, grumble or  
groan, kick, quarrel  
or cry, I will  
not forsake you.  
I will not let your



divinity go to sleep.  
A mother never  
forsakes the child.  
She carries or lets  
the child fall down,  
even if the child  
works out its  
resentment and  
anger on her.

I have come to help,  
to accompany and  
carry you. I will  
never fail in my duty  
to my children, and  
I shall be grateful  
to each child of mine  
who helps my task.



The Four Goals  
of Human Life -  
Right Living  
Right Earning  
Right Desiring

Release from worldly  
bondage ~ are the  
wheels of the vehicle;  
the wheel inside  
that steers these  
four is the mind.





The intellect is the  
switch. The air which  
fills the tubes in  
the tyres is Faith  
and the destination  
is Ananda. Ananda is  
the breath  
that sustains Life.

Therefore,  
dedicate  
your thought, word  
and deed to God.





## Quality of Sacrifice.

In sacrifice it is not quantity that counts, it is the quality of sacrifice that matters.

It is natural for a Maharaja to offer gold.

But what great sacrifice is made when a hungry old woman offers the pomegranate fruit to the Guru despite her hunger.



She did not care  
even for her life  
and gave the fruit.  
What greater sacrifice  
can this be?  
It is not sacrifice  
to offer what is  
superfluous for you.  
True sacrifice means  
giving up that which  
is most dear to you,  
that which  
you value most.



## Realise the Might of your Will

The Individual is  
intimately related  
to society, and so  
his restlessness  
affects society too.

The individual  
will is ultimately  
responsible for the  
welfare and  
well-being of the  
world.

The world is  
but a mental image  
of the individual.



## The Ten-Fold Path to Divinity

1. Love and serve  
the motherland;  
do not hate or hurt  
the motherland  
of others.
2. Honour every  
religion: each is a  
pathway to the  
one God.
3. Love all men  
without distinction;  
know that mankind  
is a single community.





4. Keep your home and its environment clean; it will ensure health and happiness for you and for society.

5. Do not throw coins when beggars stretch their hands for alms; help them to become self-reliant. Provide food and shelter, love and care, for the sick and the aged.

6. Do not tempt others by offering bribes, or demean yourself by accepting bribes.





7. Do not develop  
jealousy, hatred or  
envy on any account.

8. Do not depend on  
others to serve your  
personal needs. Become  
your own servant  
before proceeding  
to serve others.

9. Observe the laws  
of the state  
and become  
an exemplary citizen.

10. Adore GOD.  
Abhor Sin.



Nine Steps in  
The Pilgrimage  
Towards God  
"Nava Vidha Bhakti"

1. **SHRAVANAM**  
Developing a desire  
to listen to the  
glory and grandeur  
of God and the  
various manifestations  
of Divinity.
2. **KEERTHANAM**  
Singing about the  
Lord and His Leelas.



3. VISHNU SMARANAM  
Remembering or  
dwelling on the Lord  
in the mind;  
contemplating His  
Beauty and Compassion.

4. PADA SEVANAM  
Worshipping the Lord  
by concentrating on  
the Lotus Feet.

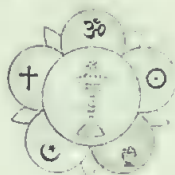
5. ARCHANAM  
Doing systematic  
ritualistic worship.



6. VANDANAM  
Devotee sees his  
Ishta Devata in all  
beings and objects  
and so develops  
reverence towards  
nature and all life.

7. DASYAM  
Attitude of a  
devoted servant  
of all with no  
feeling of  
inferiority or  
superiority.





8. SAKHYAM

The devotee feels so near to God that he feels himself to be a comrade and friend sharing God's power and pity, His Triumphs and achievements.

9. ATMA NIVEDANAM

Total surrender by the devotee; final step where he yields fully to the Will of the Lord.





When there is  
righteousness in the  
Heart, There is Beauty  
in character; When  
there is a beauty in  
character, There is  
Harmony in the home;  
When there is harmony  
in the home, There is  
Order in the nation;  
When there is order -  
in the nation, There is  
Peace in the World.



Let the  
different Faiths  
exist, let them  
flourish and let  
the Glory of God  
be sung in all the  
languages and in  
a variety of tunes.  
That should be  
the ideal.



The whole of mankind  
belongs to  
one religion,  
The religion of man.  
For all men  
God is the Father.  
As the children  
of one God,  
all men are brothers.



No religion has  
a separate God  
showering Grace upon  
those who profess to  
abide by that faith  
alone! It is the  
destiny of man to  
journey from  
human-ness to Divinity.





You must examine  
every act to find out  
whether it will cause  
pain to others;  
if it does,  
withdraw from it.  
Don't do to others  
what you do not like  
to be done unto you.  
This is called  
the Golden Rule.  
Yes, it is the  
best test for  
distinguishing  
right from wrong.





Respect  
the differences  
between the faiths  
and  
recognise them  
as valid as long  
as they do not  
extinguish  
the flame of unity



Each Religion  
teaches man  
the righteous path.  
He has only  
to know it  
and march along.  
If the vision  
is straight,  
what can division do.



Just as all limbs  
and organs are  
interconnected  
by Consciousness,  
so that when a thorn  
pricks the foot  
the eyes start  
shedding tears,  
so too, all countries  
of the world are  
interconnected,  
so that no country  
or community  
can suffer pain,  
without affecting  
all others.



## Buddhism

Remember the wheel  
of cause  
and consequence,  
of deed and destiny  
and the wheel  
of Dharma  
that rights them all.





Hindu

Listen to  
the primeval pranava  
"AUM"

resounding  
in your heart  
as well as  
in the heart  
of the universe.





## Christianity

Cut the  
"I" feeling  
clean across  
and let your ego  
die on the cross  
to endow on you  
eternity.



Zoroastrianism

Offer  
all bitterness  
in the sacred fire  
and emerge  
Grand,  
Great  
and Godly.



Islam  
Be like  
the star  
which never wavers  
from the  
crescent  
but is fixed  
in steady faith.



Do not give room for differences based on language, religion, caste or nationality. Develop the feeling that all are children of God. You may worship God in any form of your choice, but always bear in mind that God is one. Cultivate love and promote unity and harmony among all.





The Soul (Atma)  
does not die;  
only the body dies.  
When man knows this,  
death loses his sting;  
death is not feared;  
death is but a  
welcome voyage into  
the known harbour.





When it rains on sand,  
the water seeps down ;  
When it rains  
on red earth,  
the water stays ;  
When the rain falls  
on an oyster,  
a pearl is born ;  
likewise,  
devotion grows  
according to  
one's worthiness.



Blessed are those  
who pray  
for others,  
for in so doing  
they become aware  
of the unity  
of all life.



More than  
all other forms  
of love,  
man's first efforts -  
should be  
to fix his love  
on the Lord.



Have confidence  
in yourself and  
strive to understand  
well the nature  
of God's love.  
To secure that love  
is the sacred goal  
of human life.





With faith,  
man can  
achieve anything.  
Faith  
is the  
foundation  
for the  
realisation  
of God.





The 5 "D's"  
Determination  
Dedication  
Devotion  
Discipline  
Discrimination



## Significance of Vibhuti

What I materialise  
is a manifestation  
of Divinity with a  
potent significance  
as well as symbolism.

It is symbolic of  
the cosmic, immortal  
and infinite nature  
of all forms of God,  
atma or the spirit ~  
that is what is left



when everything  
worldly, transient  
and changeable  
has burnt away.  
In the first place,  
it is symbolic of  
the life-death cycle  
in which everything  
ultimately reduces  
itself to ash.  
"For dust thou art,  
and unto dust thou  
shall returnest."



Ash or dust is the  
final condition of  
things. It cannot  
undergo any further  
change. In the  
spiritual context  
it is a warning  
to the receiver  
to give up desire,  
to burn all passions,  
attachments and  
temptations and  
make one pure in  
thought, word and deed.



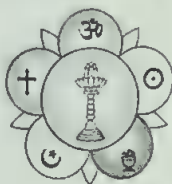


The world  
is the temple  
of the  
Universal soul



## Chapter Six:-

... in the  
Overseas  
Canteen



Bhagavan  
Sri Sathya Sai Baba  
is the  
Master of this House;  
a silent listener  
in every conversation,  
and unseen guest  
at every meal.



## SILENCE

Be silent yourself;  
that will induce  
silence in others.  
Do not fall into  
shouting, talking  
long and loud.  
Reduce contacts  
to the minimum.  
Carry with you  
an atmosphere of  
quiet contemplation  
wherever you  
happen to be.



There are some who  
live in a perpetual  
hullabaloo, in a  
tornado of noise.  
Whether they are in  
an exhibition, or  
a fair, or a hotel  
or a temple of the  
Prasanthi Nilayam,  
they wag their  
tongues, and will not  
stop. These will not  
proceed far on  
the Godward road.



Before you  
TALK-  
THINK

Is it necessary?

Is it true?

Is it kind?

Will it hurt anyone?

Will it improve  
upon the silence?





Silence is not a  
matter of resolve!  
It is always there.  
Silence is the  
endless flow  
of pure God  
into you  
in the world.



Food is God-  
don't waste Food,  
Time is God-  
don't waste Time,  
Money is God-  
don't waste Money.  
Energy is God -  
don't waste Energy.



Whenever you get  
a little leisure,  
do not spend it in  
talking about  
sundries, but  
utilise it in-  
meditating on God,  
or in doing  
service to others.



Do not imagine  
that you are the  
centre of disquiet  
and untruth.  
You are the  
embodiment of peace;  
love is the  
very blood in you;  
your nature is joy.





Know that I am  
always with you,  
prompting you  
and guiding you.  
Live always  
in that  
constant  
Presence.





God if you think -  
God you are,  
Dust if you think -  
Dust you are,  
As you think -  
So you are,  
THINK GOD -  
BE GOD.



Make  
your Heart  
a  
Mansion  
of  
Peace



Live  
in God.  
Make  
others  
live  
in God.



Patience  
is all the  
strength  
man  
needs





Eat  
in  
moderation  
and  
live long





Eat,  
but transform food  
into good deeds,  
thoughts  
and  
speech.



If you  
develop  
love,  
you don't have  
to develop  
anything else.



Silence  
is the  
Speech  
of the  
Spiritual  
Seeker.



World Peace  
and  
individual peace  
can be  
accomplished  
simultaneously.



Eat to live.  
Do not believe  
that you  
live to eat.





Love seeks  
no reward,  
Love is  
its own reward.



God gave you the  
time, space, cause,  
material, idea, skill,  
chance and fortune.  
Why should you feel  
as if  
you are the doer?



There is  
no happiness  
greater  
than  
contentment.



Like the tadpole's  
tail, the ego will  
fall away, when one  
grows in wisdom.

It must fall away;  
if it is cut, the poor  
tadpole will die.

So, don't worry about  
the ego, develop wisdom,  
discriminate, know the  
ephemeral nature of  
all objective things -  
then, the tail will no  
longer be evident.

## Chapter Seven:-

... in  
the  
Bookshop





The distance  
between God  
and you  
is the same as  
the distance  
between  
you  
and yourself.



Bear all  
and do nothing,  
Hear all  
and say nothing,  
Give all  
and take nothing,  
Serve all  
and be nothing.



Work  
is  
Worship:  
Duty  
is  
God:  
Duty,  
Discipline,  
Devotion.



Make  
your Life  
a Rose  
that speaks  
silently  
in the  
Language  
of  
Fragrance



So long as  
we do not  
understand  
that divinity  
exists in all,  
we cannot even  
be human.  
How then  
can we  
be divine?





Of the 24 hours  
which comprise a day,  
use 6 for  
earning and spending,  
use 6 for  
contemplation of God,  
use 6 for  
sleep,  
use 6 for  
service to others.



# Study to be Steady



Help  
ever  
Hurt  
never



Enter into society  
on the principle  
of DVAITHA  
and  
undertake service  
on the principle  
of ADVAITHA.





Only in  
fear of sin  
can you  
experience  
peace  
and  
non-violence





Our vision  
and our  
feelings  
depend upon  
our  
sacred thoughts



Cultivate the habit  
of remembering the  
Lord with every  
breath; then only you  
can remember Him  
with the last breath.



You must possess  
the Head of Sankara;  
You must possess  
the Heart of Buddha;  
You must possess  
the Hands of Janak.



Human Values:-

Truth

Right Conduct

Peace

Love

Non-Violence





You have been born  
for one purpose -  
To die. That is to say,  
to kill the "I".  
All this literature,  
all this effort, all  
this spiritual exercise,  
all this teaching is  
just to hold a mirror  
before you, so that  
you may see yourself.





W-A-T-C-H  
your  
Words  
Action  
Thought  
Character  
Heart



Follow  
the Master,  
Face  
the Devil,  
Fight  
to the end,  
Finish  
the Game.



The rules I have  
prescribed for those  
who come to the  
Nilayam  
may appear strict-  
and even severe-  
it is all for your good...  
But I insist on -  
strict obedience .



## Chapter Eight:-

...in the  
Sports Stadium





Knowledge  
without  
Action  
is useless.  
Action  
without  
Knowledge  
is foolishness.



Make  
the Mind  
the Servant  
of God,  
not  
the Slave  
of Senses.



Your Body  
is  
the  
Temple  
of God



Your  
Heart  
is  
My  
Home



"Om"  
is the  
Arrow  
and God  
is the  
Target





Life +  
Desire  
= Man

Life -  
Desire  
= God



My Birthday  
is the Date-  
when Divinity  
blossoms  
~in your Heart.



Laziness  
is  
rust and dust;  
Realization  
is  
rest and best.

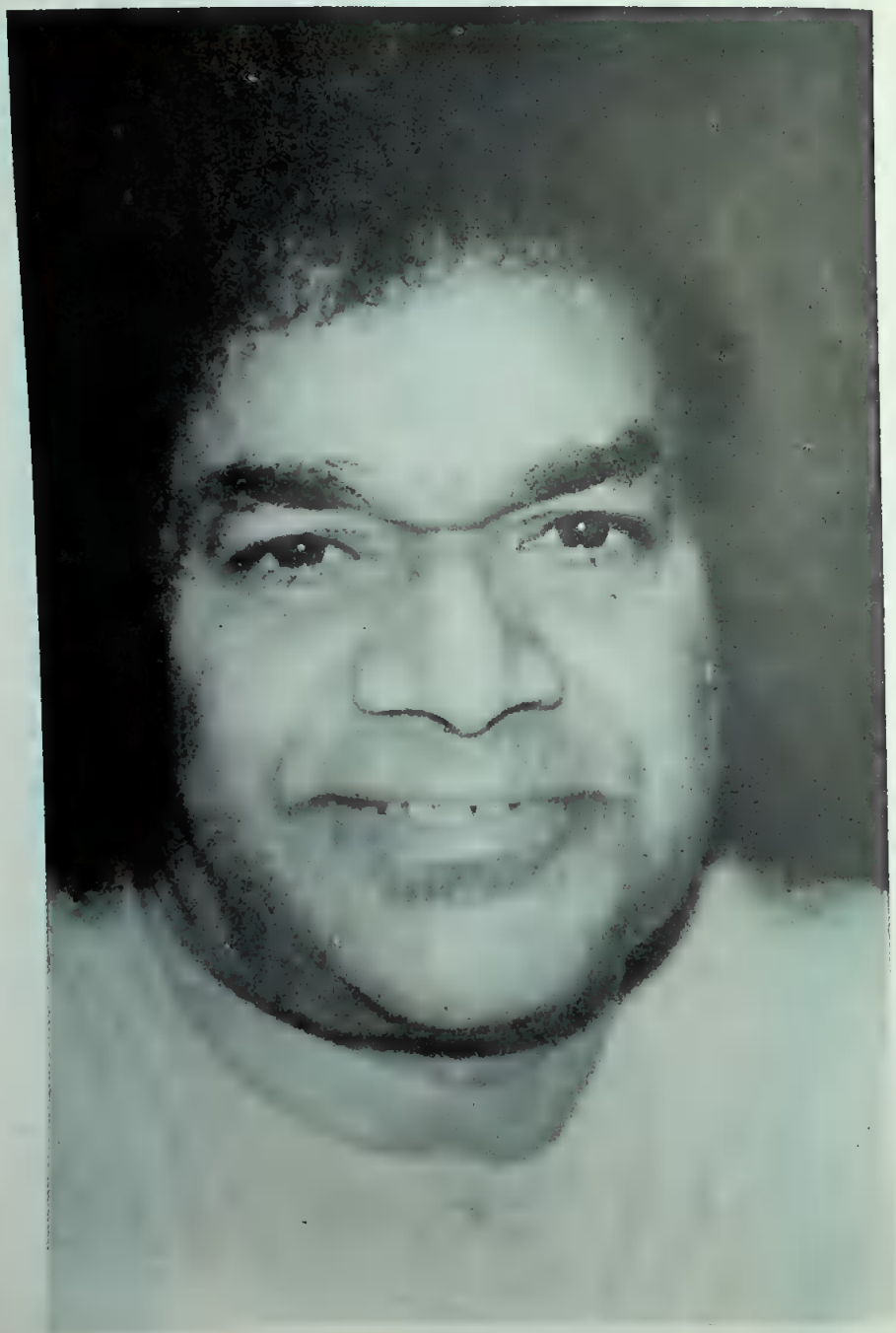


I am  
"Sathyasya  
Sathyam" -  
The  
Truth of Truths.



Epilogue :-  
... "The Second Coming"







With the Blessings  
of Swamy, let me  
complete this book  
with the poem  
which came to me  
early one morning  
last summer . . .



### "The Second Coming"

We are, at this Time,  
The living embodiment of Christ,  
Come to Earth  
To restore God's Plan.

We lift up our Hearts  
And receive the Message from within  
The Breath, the Life,  
The Quest for the Light complete.

True God of true God,  
We offer our Souls to You;  
Our Beacon of Love  
Transcends all Time.



We draw near Together,  
A collective Consciousness of Energy,  
Aspiring to You  
Through the Eye of the Spiral.

Now, our Realization is manifest.  
We are Champions of the Light;  
The Source magnetises its Children  
To return Home in Glory.

God - the Infinite, Absolute One -  
Strengthens our Resolve with Spirit;  
The Vibrations we feel  
Fill our Hearts with Soul.

So let us Rejoice and give Praise  
At our joyful Union;  
Now we are Free,  
Now WE ARE ONE.

## Glossary



Advaita	non-dualism, absolute oneness.
Ananda	bliss, joy
Archana	ritual worship of a deity
Atma	the soul, the spark of God within
Avatar	an incarnation of God
Bhagavan	Lord
Bhajan	a song in praise of God
Brahman	the immanent principle : 3 aspects - creation, preservation, destruction
Buddha	Intelligence
Darshan	to see a great person and receive his blessing
Dharma	Righteousness
Dhyana(m)	Meditation
Dvaita	dualism: the individual and the Supreme soul are two distinct principles.

Guru	teacher, guide to spiritual liberation; "Dispeller of Darkness".
Janak	a king and yogi, whose work was his duty.
Japam	recitation or repetition of the name of the Lord.
Maharaja	great king or ruler
Manana	reflection, contemplation
Namasmarana	remembering God through His Name
Om	the primal sound A-U-M
Pranava	= Om
Prasanthi Nilayam	"Abode of Eternal Peace"
Prema	divine Love - universal, unconditional
Puja	ritual worship
Sadhaka	a spiritual aspirant

Sadhana	spiritual discipline
Sadhu	a good man - detached, devoted, virtuous, wise.
Sankara	the first philosopher of Advaita
Satchintana	good thinking
Sathya Sai	He who reclines on Truth
Sathyam	Truth
Satparayana	good deeds
Satsang	get-together of good people to worship God
Shakti	the great universal power: the creative power of Brahman.
Shanti	undisturbed peace
Sivam	goodness
Sundaram	beauty
Vibhuti	sacred ash

ॐ  
om  
SAI RAM

*New on the shelf*

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*Jorgen Hovgaard matriculated at the University of Aarhus, Denmark, in 1967 to study English language and Religion. In 1974 he graduated from Aarhus University, majoring in English and with Religion as his minor subject, and since 1974 he has taught English and Religion in college.*

*Dr. Kailash Kumar is Lecturer in the English Department of Sri Sathya Sai Institute of Higher Learning, Prasanthi Nilayam, India.*



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*Prof. Satya Pal Ruhela is Professor of Education, Jamia Millia Islamia (Central University), New Delhi. He is an ardent Sai devotee and has contributed a number of books on spirituality, sociology and education.*

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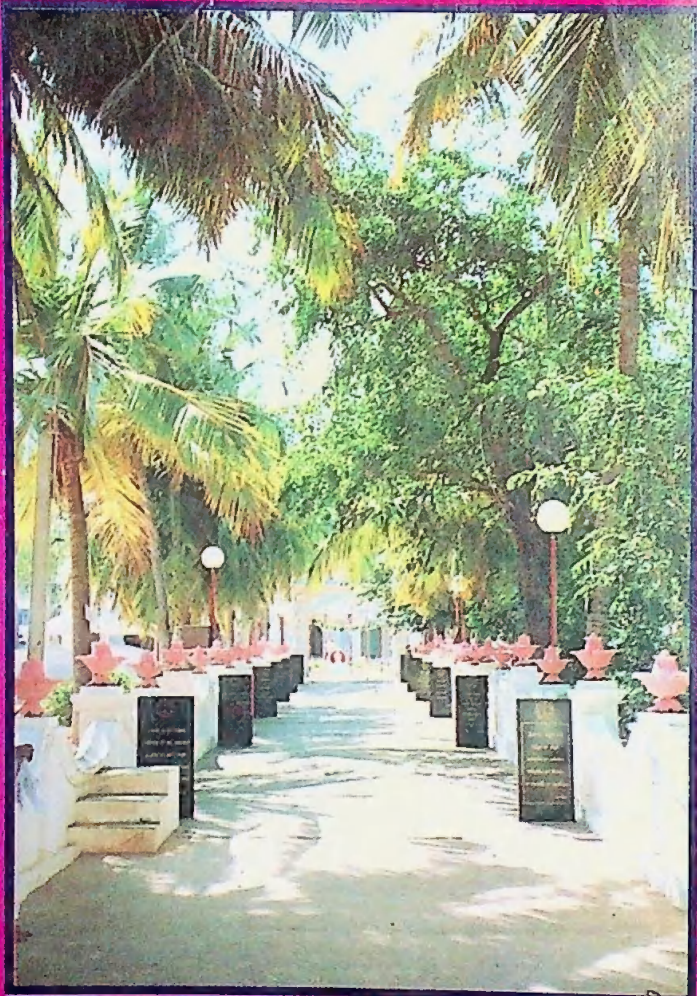
This book is an earnest attempt to understand the personality of one of India's greatest living spiritual giants. It is a tribute to Satya Sai Baba who is regarded by millions of his followers as an incarnation of God. The study is based on the author's first-hand experiences, narrated here in vivid detail, spread over a decade, as well as of the Baba's other disciples who have seen glimpses of his divinity.

Occasionally, the Baba has revealed his cosmic form, providing evidence of his omniscience, omnipresence and omnipotence. More often, however, he appears as an intensely lovable human being.

*Radhey Mohan Rai, Head of the P.G. Department of English at Govt. College of Arts & Law, a post-graduate institution at Alwar in Rajasthan, has been associated with the Sri Satya Sai Seva Organisation in various capacities for about two decades.*







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